

# TRAINING LEVEL - TEST 1

1. A Enter working trot  
X Halt, Salute  
Proceed working trot
2. C Track left  
E Circle left 20m
3. Between Working canter left lead  
K & A
4. B Circle left 20m
5. Between Working trot  
centerline & B
6. C Medium walk
7. HXF Free walk  
F-A Medium walk  
x 2
8. A Working trot
9. E Circle right 20m
10. Between Working canter right lead  
H & C
11. B Circle right 20m
12. Between Working trot  
Centerline & B
13. A Down centerline  
X Halt, Salute

Leave arena at A in walk on long rein

All trot work may be ridden sitting or rising, unless stated. Halts may be through the walk.

**Collective Marks:**

Gaits - Freedom and regularity.  
 Impulsion - Desire to move forward, elasticity of the steps, suppleness of the back, engagement of the hindquarters.  
 Submission - Attention and confidence, harmony, lightness and ease of movements, acceptance of the bridle, lightness of the forehead.  
 Rider - Position and seat, correctness and effect of the aids.

**Maximum Points: 230**

**Average Time:**

- 3 min - small arena (20m x 40m)
- 4 min - standard arena (20m x 60m)

**Purpose:**

To confirm that the horse's muscles are supple and loose and that it moves freely forward in a clear and steady rhythm, accepting contact with the bit.

**Key To Directional Arena Diagrams:**

- Walk - - - - -
- Trot - - - - -
- Canter - - - - -

# TRAINING LEVEL - TEST 1

